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UWF Counseling and Psychological Services receives prestigious accreditation

Pensacola, Fla. – Aug. 2, 2016 – University of West Florida Counseling and Psychological Services recently earned full accreditation from the International Association of Counseling Services, the premier accrediting agency for university and college counseling services.

UWF Counseling and Psychological Services offers counseling and therapy to help students find ways to more effectively manage, cope and grow with the stress associated with school and life. The IACS accreditation is the result of a comprehensive external review by IACS, including a two-day peer review site visit.

“We are delighted to have been assessed by two external site reviewers to meet or exceed all of IACS standards and be granted full accreditation with our first application,” said Dr. Rebecca Kennedy, director of UWF Counseling and Psychological Services. “IACS accreditation is a prestigious designation.”

In a letter addressed to Kennedy confirming the IACS accreditation, IACS Board of Accreditation Chair Dr. Janet D. Spoltore, ABPP, acknowledged the office for its training program, weekly case conferences, academic involvement and caring staff.



Kennedy said UWF Counseling and Psychological Services treats approximately 900 students annually, providing nearly 4,800 appointments. The staff also makes 6,000 face-to-face contacts with students through outreach programs.

“The three most common reasons for students to seek services are anxiety, depression and relationship difficulties,” Kennedy said. “The primary goal of counseling is to help students develop the personal awareness and skills necessary to overcome problems and to develop in ways that will allow them to take advantage of the educational opportunities at the University.”

Seven counselors or psychologists, four pre-master’s trainees, three support personnel and a registered social work intern comprise the staff at UWF Counseling and Psychological Services. The center offers individual therapy, couples therapy, group therapy, biofeedback and psychoeducational workshops.

For more information, including online assessments and psychoeducational information, visit uwf.edu/counseling.

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