



FOR IMMEDIATE RELEASE

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**West Florida Healthcare to Offer Free
Community Seminar Focusing on Stroke**

May 4, 2015 (Pensacola, FL) – In recognition of *National Stroke Awareness Month*, West Florida Healthcare is offering a free community seminar entitled “*Recognizing and Preventing Stroke: the Importance of Acting FAST.*” The seminar will be held on **Tuesday, May 17** from 4 – 5 p.m. in the 7th Floor Auditorium of West Florida Hospital, 8383 North Davis Highway. The seminar will be presented by **Bruce Ouellette, M.D.**, Neurology.

Someone suffers a stroke every 40 seconds. Yet, 80 percent of strokes are preventable. Though certain risk factors — including heredity, age and race — can’t be changed, several risk factors can be changed, treated or controlled. This informational seminar will cover the signs and symptoms of stroke and modifiable risk factors to prevent stroke and secondary stroke.

The seminar is free, but reservations are requested. To register, call **(850) 494-3212**.

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