



For Immediate Release
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Hearing Loss Can Lead to Dementia: May 18 Seminar

Reduced hearing ability is frustrating for people with hearing loss, as well as for those around them. People with unmanaged hearing loss may experience strained relationships with partners, friends or family because they can't hear properly. Long-term deficits for those who do not wear hearing aids often include diminished cognitive function, poorer mental health, social withdrawal, depression and anxiety.



Carol Whitcomb Powell, Ph.D., licensed and state-certified audiologist with HearingLife, will discuss the importance of treating hearing loss at an upcoming Senior Spirit Healthy Living Seminar on Wednesday, May 18, at 9:30 a.m. in the Greenhut Auditorium at Sacred Heart Hospital Pensacola, 5151 North Ninth Ave. The seminar is free, but registration is requested. Register online at www.sacred-heart.org/SeniorSpirit or call 850-416-1620.

Empowering seniors to developing an active role in their health, Sacred Heart Health System's Senior Spirit is a program designed for persons 55 and older. Senior Spirit provides patient education and resources for preventive health measures, as well as special discounts and programs for seniors. To register for free Senior Spirit membership, call (850) 416-1620 or visit www.sacred-heart.org/SeniorSpirit/.

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