

UWF Rite of Passage lecture series presents Jonathan Fink and Dr. Ludmila Cosio-Lima

Pensacola, Fla. – Sept. 30, 2016 – The University of West Florida will honor Jonathan Fink and Dr. Ludmila Cosio-Lima on **Friday, Oct. 7, 2016**, as part of the UWF Rite of Passage lecture series. The event will be held in the Argonaut Athletic Club on the UWF Pensacola Campus at 2 p.m. It is free and open to the public, with a reception immediately following.

Rite of Passage celebrates University faculty recently promoted to full professor and gives them an opportunity to share life lessons outside the classroom with colleagues, students, friends and community members.

Fink, a professor of English and the director of the creative writing program at UWF, will present “Poetry, Nonfiction and the Clear Expression of Mixed Feelings.” He is an award-winning author and poet, boasting the Editors’ Prize in Poetry from The Missouri Review and the McGinnis-Ritchie Award for Nonfiction/Essay from Southwest Review. He also completed fellowships from the National Endowment for the Arts, the Florida Division of Cultural Affairs and Emory University, among other institutions.

As a published writer, Fink’s work has appeared in Poetry, the New York Times Magazine, Slate, the Southern Review and several other publications. He also serves as editor of the UWF English department’s Panhandler Magazine and Panhandler Books. He received a bachelor’s degree in English from Trinity University and a master’s degree in poetry from Syracuse University.

Cosio-Lima will present “Seven Countries, 12 States and Four Nationalities Later...” In addition to serving as the exercise science program coordinator at UWF, she teaches undergraduate and graduate courses in exercise testing and prescription. Cosio-Lima has designed a variety of courses while at UWF and is responsible for the program’s endorsement by the National Strength and Conditioning Association and American College of Sports Medicine. She received a Bachelor of Science in recreation administration from the University of New Mexico, Albuquerque, and both a master’s and doctorate in clinical exercise science from Springfield College in Massachusetts.

Cosio-Lima has a wide range of experience, including playing professional tennis abroad, researching at the U.S. Army Research Institute of Environmental Medicine, and completing her post-doctorate at Hartford Hospital as a clinical research associate in cardiology, working under one of the best cardiologists in the country – Dr. Paul Thompson. She is nationally ranked in triathlons and a 24-time Ironman Triathlete.

For more information, visit the [Rite of Passage website](#).

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