



FOR IMMEDIATE RELEASE
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Media Contact: Mike Burke
850-416-1153

Sacred Heart to Provide Free Health Screenings During March

During March, Sacred Heart Health System will provide free heart-health and osteoporosis screenings at several locations in Pensacola, Cantonment, Beulah and Century for the poor, elderly or uninsured.

Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems. Osteoporosis screenings measure bone density.

Following is the March schedule for adult screenings:

- March 2 from 9 to 11:30 a.m. at Century Senior Center, 6025 Industrial Blvd., Century. Heart-health screenings.
- March 4 from 9 a.m. to 12 p.m. (noon) at Bethel AME Church, 511 Woodland Dr., Pensacola. Heart-health screenings.
- March 7 from 9 to 11:30 a.m. at Westminster Village, 1900 W. Moreno St., Bldg. 3, Pensacola. Heart-health screenings.
- March 8 from 9 to 11:30 a.m. at Cantonment Council on Aging, 132 Mintz Lane. Heart-health screenings.
- March 14 from 9 to 11:30 a.m. at Beulah Senior Center, 7425 Woodside Rd., Beulah. Heart-health screenings.
- March 15 from 9 to 11:30 a.m. at Catholic Church of the Holy Spirit, 10650 Gulf Beach Hwy., Pensacola. Heart-health screenings.
- March 22 from 9 to 11:30 a.m. at WESCO Senior Center, 904 N. 57th Ave., Pensacola. Osteoporosis screenings.
- March 23 from 9 to 11:30 a.m. at Fricker Center, 900 N. "F" St., Pensacola. Heart-health screenings.
- March 30 from 9 to 11:30 a.m. at Warrington United Methodist Church, 301 E. Winthrop Ave., Pensacola. Heart-health screenings.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

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