



**FOR IMMEDIATE RELEASE**  
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## **Sacred Heart to Provide Free Health Screenings During January**

During January, Sacred Heart Health System will provide free heart-health screenings at locations in Pensacola and Pace for adults who are poor, elderly or uninsured.

Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems.

Following is the January schedule for adult screenings:

- Jan. 11 from 9 to 11:30 a.m. at St. Joseph's Catholic Church, 140 W. Government St., Pensacola.
- Jan. 12 from 9 to 11:30 a.m. at First United Methodist Church of Pace, 4540 Chumuckla Hwy., Pace.
- Jan. 19 from 9 to 11:30 a.m. at Bayview Senior Center, 2000 E. Lloyd St., Pensacola.
- Jan. 23 from 9 to 11;30 a.m. at Gull Point Community Center, 7000 Spanish Trail Rd., Pensacola.
- Jan. 24 from 9 to 11:30 a.m. at Charity Chapel, 5807 Dallas Ave., Pensacola.
- Jan. 26 from 9 to 11:30 a.m. at St. Christopher's Episcopal Church, 3200 N. 12<sup>th</sup> Ave., Pensacola.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

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