

Sacred Heart to Provide Free Health Screenings During August

During August, Sacred Heart Health System will provide free health screenings at locations in Pensacola, Cantonment and Navarre.

Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems. Osteoporosis screenings measure bone density.

Following is the August schedule for adult screenings:

- Aug. 1, from 9 to 11:30 a.m. at Charity Chapel, 5807 Dallas Ave., Pensacola. Osteoporosis screenings.
- Aug. 5 from 9 to 11:30 a.m. at Macedonia Baptist Church, 3802 N. Ninth Ave., Pensacola. Heart-health screenings.
- Aug. 9 from 9 to 11:30 a.m. at WESCO Senior Center, 904 N. 57th Ave., Pensacola. Heart-health screenings.
- Aug. 10 from 9 to 11:30 a.m. at St. Mary's Catholic Church, 401 Van Pelt Lane, Pensacola. Osteoporosis screenings.
- Aug. 15 from 9 to 11:30 a.m. at Bayview Senior Center, 2000 E. Lloyd St., Pensacola. Heart-health screenings.
- Aug. 16 from 9 to 11:30 a.m. at Nativity Catholic Church, 9945 Hillview Dr., Pensacola. Heart-health screenings.
- Aug. 22 from 1 to 11:30 a.m. at Betty Pullum YMCA, 2379 Pawnee Dr., Navarre. Osteoporosis screenings.
- Aug. 24 from 9 to 11:30 a.m. at Victory Assembly of God, 1895 Victory Rd., Cantonment. Heart-health screenings.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

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