



FOR IMMEDIATE RELEASE

Baptist Health Care Wellness Seminars – March 2017

PENSACOLA, Fla. (Feb. 6, 2016) – Baptist Health Care offers a variety of educational events each month. By providing these wellness events, Baptist hopes to improve community health through preventive care, education and support.

Advancements in Laparoscopic Hernia Repair

Wed., March 8, 11:30 a.m. lunch; noon to 1 p.m. seminar

Marc Saunders, D.O., FACS, surgery, Baptist Medical Group – Surgery

Baptist Towers Medical Meeting Rooms, 1717 North E Street, Avery Street Entrance

Coping with Incontinence and Prolapse

Fri., March 10, 11:30 a.m. lunch; noon to 1 p.m. seminar

Elizabeth Cruit, M.D., urology, Baptist Medical Group - Urology

Baptist Medical Park – Navarre, 8880 Navarre Parkway, 2nd Floor Conference Room

Injury Prevention for Seniors

Thurs., March 16, 11:30 a.m. lunch; noon to 1 p.m. seminar

Beau Aldridge, M.D., surgery, Baptist Medical Group – Surgery

Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

Maintenance of an Active Lifestyle

Fri., March 24, 11:30 a.m. lunch; noon to 1 p.m. seminar

Ashley D. Zapf, M.D., primary care sports medicine, Andrews Institute

Andrews Institute Athletic Performance & Research Pavilion, 1040 Gulf Breeze Parkway, Conference Room B

For more information or to make a reservation please call 850.469.7897.

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For more information about this press release or to schedule an interview, please contact Marilyn Smith at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization committed to improving the quality of life for people and communities in northwest Florida. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, two medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center,

Baptist Medical Group and Cardiology Consultants. With more than 6,500 employees and employed physicians, Baptist Health Care is the largest non-governmental employer in northwest Florida. For more information, please visit www.eBaptistHealthCare.org.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Andrews Institute • Baptist Medical Group • Cardiology Consultants • Mayo Clinic Care Network

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